

YOUNG PARENT TALKS - TALKING ABOUT ABUSE

Activities

Learning Objectives

Introduction

- Ground rules
- All pupils will receive hand-out with relevant numbers
- A warning of what we will cover and what to do if you feel you need some support/time during the session

- Pupils will find out what they will be learning about throughout the lesson
- Pupils reflect on how to be respectful of others opinions throughout the lesson
- All pupils have information and access to helpful numbers/helplines
- Pupils will know who to speak to (schools safeguarding lead) if they have any concerns

Who is your perfect partner?

- We ask the students to think about their perfect ideal partner
- What will they look like? How will they act towards you and others?
- How much value do we put on looks and personality?
- What does a healthy relationship look like?

- Pupils will think about what sort of person they would like to be with when they are older, and the qualities that they will possess
- All pupils will get a good idea of what it is they would like from a relationship in the future and how this would look and feel for them
- Pupils will think about how they would like their future partners to treat them and how they should treat their future partners.
- All pupils will understand the value in choosing a partner for their personality/the way they treat you, as apposed to attributes such as looks and reputation
- All pupils will have a good understanding of what a healthy relationship should look like

The different types of abuse

- Teaching the students about the different types of abuse - Physical abuse, Financial abuse, Sexual abuse and Psychological/Emotional abuse
- Who can perpetrators be? i.e. different types of relationships, etc
- Sharing some examples of abuse and asking pupils to identify what type/types it would be?
- Watching a video of an example of abuse

- All pupils will understand that there are different types of abuse
- All pupils will understand that abusers can be any gender
- Pupils will learn that abuse does not just happen in romantic relationships
- Pupils will learn the different behaviours and actions that can be considered abusive
- Pupils will learn of terms such as gaslighting
- Pupils will learn about sexual abuse and consent (talked about sensitively)
- Pupils will learn that an abusive relationship can affect their other relationships, i.e. with family or friends
- All pupils will be able to identify the different types of abusive behaviour

The grooming cycle

- We will look at the grooming cycle
- Who can be groomed?
- Looking at different types of grooming i.e. sexual, gang
- Who might be more vulnerable to grooming?
- Spotting the signs
- What to do if you think you or someone you know is being groomed?

- All pupils will learn about the grooming cycle, the process usully used ot groom someone
- Pupils will learn that grooming can happen to anyone, all ages and genders
- Pupils will learn who may be more vulnerable to be targeted by groomers
- Pupils will learn about the different types of grooming and what this may look like
- Pupils will learn how it can feel to be groomed
- All pupils will learn the signs of grooming
- All pupils will know what to do if they are worried that they or someone they know are being groomed

Q & A

- Facilitator will share a bit of their own past experience with abuse
- The class will have an opportunity to ask questions
- Reminder of numbers handed out at the beginning of the lesson

- All pupils will have a realistic understanding of what abuse is
- All pupils will hear a real life story from someone who has experienced abuse and have the opportunity to ask them any questions about their experience
- All pupils will have access to relevant numbers and websites with helpful, age appropriate information